


Air conditioning maintenance checklist forms pdf

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This site is not available in your country According to the U.S. Department of Energy, three-quarters of homes in our country have air conditioning units, and we spend more than \$29 billion each year to run them. In fact, a full 6% of all electricity produced in the United States goes to keeping us cool. That number won't surprise homeowners, who are accustomed to seeing their utility bills start to go up when they turn on the air conditioner each year. What if you could get some of that money back this summer? How To Live Without Air Conditioning Life without air conditioning is entirely possible and can be quite comfortable. It's a matter of planning ahead, using the natural resources you have at your disposal and getting creative when things heat up. Here are a few great ways to keep your cool and save some cash as summer ramps up. Open the Windows It sounds simple, but the idea of funneling cool air through your home requires a bit more thought than just throwing open a window or two. Start by paying attention to the direction the wind is blowing, and open up a window that will take a direct hit of that cool air. Then open another window on the opposite side of the room to create cross-ventilation. Got a skylight? Opening it up can create a 'stack effect' that pulls hot air up and out. Use Fans To get more of that air into the house, use a window fan. An oscillating fan placed near the window will work as well. Ceiling fans are great if you have them; make sure they are turning counterclockwise during the summer for the greatest benefit. Close the Curtains When the sun beats down, close the curtains to prevent the heat from radiating into your home and increasing the temperature. Follow the sun through the day and close the curtains of windows that take a direct hit, and open the others to provide indirect light with less heat. Use Cooler Appliances Summer is the perfect time to use the slow cooker instead of the oven or to grill outside rather than using the stove. Not only do these alternatives help prevent heat buildup, but they also force you to get more creative with meals — a win-win situation for anyone who loves to cook. Buy (or Create) an Evaporative Cooler If you live in an area of low humidity, look into an evaporative cooler; They cost about half of what a typical air conditioning unit does and use only a quarter of the energy. Still too rich for your budget? Make a simple "swamp cooler" by placing a block of ice in a bowl and positioning the bowl in front of a fan. It's a temporary setup for those impossibly hot days. Plan for the Future For serious money savings, install awnings on the windows that take on the most sun, invest in UV-fighting coatings on the windows and plant trees that will eventually tower over your home and help block the sun. More Tips To Keep Yourself Cool Cooling the house down is great, but cooling down the body can make you even more comfortable. Here's how to make that happen without spending too much cash. Cooling yourself might be more helpful than cooling the room. Have plenty of water and ice on hand at all times, and let the kids (and adults!) indulge in popsicles, frozen juice bars and the like. Stay Cool at Night Most people enjoy sleeping in a room that is a little on the cool side, but that's almost impossible when you are choosing not to use the air conditioning. However, there are a few tricks to try. Start by putting your sheets and pillowcases in the refrigerator for an hour or so before bed. You can also use the old pulse point trick: wrap an ice pack in a washcloth and place it against your wrist, the side of your neck or the bend of your knee. It will make your whole body feel cooler. Play in the Water When things get too hot to stand, head outside. Wash the car, fill up the kiddie pool, get out the slip-and-slide and splash to your heart's content. If you choose to stay inside, take a cool shower to lower your body temperature and make the heat more tolerable. These ideas can help a great deal, but you might not want to part with your air conditioning unit just yet. Instead, make sure it's energy-efficient and current on maintenance. Take the time to seal the house with good weather-stripping, too, so that when you do break down and turn on the air conditioning, you can rest assured that it's using as little energy as possible to create that blissfully cool breeze. Utility and Bill Resources From Clark.com: This site is not available in your country Your air conditioner requires regular maintenance. Summer is perfect for enjoying time with friends and family outdoors, but it's important to remember some necessary home maintenance. Your heating, ventilation and air conditioning system should see frequent maintenance to function efficiently and provide optimal temperature control. However, if you haven't thought about your HVAC since last summer, it's probably time for a tune-up. Even if you live in places with comfortable summertime temps, like San Francisco or Denver, heating and cooling contractors recommend scheduling a service appointment or else devoting a few hours each summer to perform these HVAC tasks: Your air filter needs to be replaced every 90 days, minimum. 1. Change Your Air Filter Your air filter is among the most important components of your entire HVAC system because it traps the junk in the air — the dirt, the pet dander, the pollen, etc. — and prevents it from recirculating and covering your home in dust. Unfortunately, that means over time, all that junk caught by the filter makes it harder for your HVAC to suck in air, meaning it has to work harder to achieve the same result. This extra effort will increase your already high summer energy bill, and it could result in damage to your HVAC unit over time. The frequency with which you change your air filter depends largely on you and your living conditions. If you live alone (no roommates or pets) and rarely suffer from allergies, you can get away with changing the filter annually or every six months. If there are a few occupants in your home but you don't have pets, 90 days is a good rule. If you have one dog or cat and no allergy issues, you should swap your filter every two months. And if you suffer significantly from allergies or have more than one pet, you need a new filter about every 20 days. If you fall into one of the latter categories, it might be wise to invest in a reusable air filter. Instead of throwing these away and replacing them with something new, when it comes time for a change, you merely take out the filter and rinse it clean with water. These can be expensive, but they last a lifetime, meaning they are a more economical investment in the long run. (DepositPhotos) 2. Keep Your Vents Clear If dirt and hair are interfering with your HVAC's efficiency, so will larger obstructions. While air vents aren't the most attractive features of your home, you shouldn't try to cover them up with fabric or furniture. Doing so will cause cool air to get trapped, and it might even prevent air from flowing into certain rooms. If you aren't sure where your air vents are, look for them near the ceiling or on the floors. Then, rearrange your rooms to ensure the vent can blow air powerfully enough to affect the room's temperature. Page 2 Be sure the area around your air conditioner units is clean and clear. As we learned from air filters, dirt and debris don't mix well with your HVAC. In addition to keeping your filter free and clear, you should work to keep the unit itself clean of detritus, which can gather throughout the year, especially if your unit is outside. Make it a habit to clean around your unit on a seasonal basis, to ensure things like dirt and dead leaves don't get sucked into your HVAC system and cause problems. You can also hose off your unit — if you power off the unit first and are careful to spray only the condenser coils and fins. For most households, especially in places like Phoenix or Denver where units might be located out of a hose's reach, it's more convenient to hire heating and cooling contractors to deep-clean the unit annually. Grilling is your best option during the summertime. 4. Avoid Using Hot Appliances In the summer, you are paying steep energy bills to ensure the inside of your home is cool and dry — so why would you use an appliance to make it hot and humid? For the duration of warm weather, avoid using tools like ovens or stoves; choose outdoor cooking like grilling instead. Additionally, you should reduce the temperature of your shower and try to cut down your washing time to prevent steam from building up inside your home. It might be hard to make these changes initially, but eventually you'll get used to shifting your habits by the seasons.

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